
BLACK GAY MENS TALKING GROUP (BGMT)

Facilitated by: STEVEN P. WELCH, LCSW-R, CASAC



THE FIVE PILLARS OF THE BGMT GROUP

- 1. PROVIDE...** a SAFE and CONFIDENTIAL space for Black men who identify as gay or same gender loving (SGL) 35 years old and above
- 2. SHARE...** members experience, wisdom, support and strength in a CULTURALLY SUPPORTIVE and AFFIRMATIVE environment
- 3. IDENTIFY...** .and address BARRIERS and SOLUTIONS to issues that limit OPTIMAL LIVING
- 4. DISSEMINATE...** INFORMATION that supports optimal physical, spiritual and emotional WELLNESS as identified and defined by each group participant.
- 5. VALIDATE...** the UNIQUE CHALLENGES OF BLACK GAY MEN and the various cultures they need to navigate (i.e., professional, educational, relational, familial and cultural, etc.)

When: Mondays - Weekly

Time: 6:00 pm to 7:30 pm

Where: 116 West 23rd Street / 5th Floor / New York, NY 10011

\$50.00 per session

***Initial pre-group interview by Mr. Welch is required for admission to this group.**

Contact: Steven P. Welch, LCSW, CASAC

Phone: 914-589-3168

Email: spwelch9@gmail.com

Website: www.newyork-therapy.com
